



# #fanssupportingfans

## Branch Liaison Council

# We want to help fellow fans going through tough times.

- Launched in 2019 after the sad loss of supporters who had taken their own life
- As the Branch Liaison Council and supporters, we wanted to help the football family going through tough times
- We wanted it to be by the fans for the fans
- We are based in the Beacon of Light each Saturday game between 12:30 - 2:30 for both home and away supporters
  
- No appointment needed
- Speak to a counsellor in total confidence
- We work in conjunction with Sunderland AFC, the Foundation of Light and Washington Mind
- We are recognised by Sunderland AFC, premier league and EFL as well as HRH The Duke of Cambridge
- Call in say hi and join us for a cuppa and a chat

In association with:



**“I am very grateful to Fans supporting Fans at SAFC BLC and Washington Mind.**

I contacted the BLC with a problem I had with a family member, they put me in touch with Washington Mind who called me back at an arranged time. I and my family member also spoke with Washington Mind. I know it was hard for them telling a stranger what they were feeling but they did it. The counsellor was amazing and my family member took on board what she was saying. They sent me telephone numbers of people in my area to contact should we need them. I was so grateful to them all and I wish them well in the future. Thank you.”

[www.safcbhc.com](http://www.safcbhc.com)

BLC Fans Supporting Fans

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